Sydney Market Fresh Food Promotion – Meal Deal – Wednesday 14th September 2011

Morpeth P.S. Canteen are having Special Meal deals this Term to promote the eating of healthy fresh food
Please cut out your choice of meal deal and attach it to a lunch bag, enclose the money and send it into the canteen.

Specials on sale Wednesday 14th September 2011:
- Slinky Apples -60c
- Fruit Cups 60c
- Fruit Kebabs 60c

Order 1

BAKED BEAN ROLL
Wednesday 14th September 2011

$6.00

Name: ..........................................................................................................................

Class: ..............................................................................................................

A BREAD ROLL FILLED WITH BAKED BEANS
(Lean meats, Dairy Foods, Bread and Cereal Foods and Vegetables)

Choose one of the following
- Fruit Salad with Frozen Custard
- Fruit Salad with Frozen Yoghurt

Please Pick One Drink
- Small Popper [Orange][ Tropical] [Apple] or
- Small Water

Please return your order to the canteen by Monday 12th September 2011

Order 2

Pizza, Pizza, Pizza
Wednesday 14th September 2011

$6.00

Name: ..........................................................................................................................

Class: ..............................................................................................................

Your Choice of a:
- Hawaiian Pizza
- Supreme Chicken Pizza
(Lean meats, Dairy Foods, Bread and Cereal Foods and Vegetables)

Choose one of the following
- Fruit Salad with Frozen Custard
- Fruit Salad with Frozen Yoghurt

Please Pick One Drink
- Small Popper [Orange][ Tropical] [Apple] or
- Small Water

Please return your order to the canteen by Monday 12th September 2011