DATES TO REMEMBER

Tuesday 17th June 2014
Public Speaking Finals

Wednesday 18th June 2014
Last day AASC

Thursday 19th June 2014 : NEW DATE
Athletics Carnival - All students

Friday 20th June 2014
Out of Uniform Day - Gold coin donation
KO FM Give me 5 for kids - JHH
Assembly - All Welcome

Monday 23rd June 2014
Last day AASC

Wednesday 25th June 2014
Recorder group to Opera House

Thursday 26th June 2014
NAIDOC Week performance : No cost

Friday 27th June 2014
Yr 6 Mini Fete - info sent home soon
Last day of Term 2

Monday 14th July 2014
Staff Development Day

Tuesday 15th July 2014
Students return to school for Term 3

UNIFORM SHOP

The P&C Uniform Co-ordinator will be available for fitting and uniform purchases at the following times:
Monday - 8.45 to 9.30am
Friday - 8.45 to 9.30am
**also Assembly Friday from 2pm**
Other times by appointment

Please see note on P&C page for details

Direct Depositing

SCHOOL Payments

Account Name - Morpeth PS
BSB No - 032 001
Account No - 143579

Public Speaking Competition

Tomorrow our school will be holding our annual public speaking competition in the MPC. Students from all classes will be represented on the day and we have invited guest adjudicators to assist with the difficult task of selecting stage winners to represent our school at zone level. Last week we held rehearsals to allow students to become familiar with performing in front of a crowd and also to experience speaking into a microphone. Students presented their speeches and the quality on show was outstanding. Needless to say, we are all looking forward to tomorrow’s competition. Because of the large number of speakers, the competition has been broken in to two sessions; Kinder, year 1 and year 2 students will speak from 9:30am with year 3, year 4, year 5 and year 6 students speaking from 10:30am. There will be a short break between sessions. We would love to see lots of parents and friends of our school come along and listen to our talented students.

Athletics Carnival

Just a reminder that we will be holding our athletics carnival at Smyth Field in Maitland on Thursday. We’d love to see a large contingent of parents come along and support our students as they undertake a number of track, field and traditional carnival events. Mrs Petersen has put together a program of activities with a clear focus on fun and participation for all of our students. Hopefully the weather will be kind to us on the day. Please come along and cheer our students on as they are put through their paces. Please ensure that all notes and money are returned to your teacher by Wednesday.

Work Experience Students

On behalf of our school community, I’d like to welcome year 10 Maitland High School work experience students Sammie-Lee and Thomas to our school. Sammie-Lee and Thomas will be assisting in classrooms and in the playground during their week long stay at our school. Both Sammie-Lee and Thomas are former students of Morpeth PS and we are very happy that they have chosen our school for their work experience course.

Out of Uniform Day

On Friday we will be holding a fundraising day to support KO FM’s Give me five for Kids who are raising money for the Children’s Ward at John Hunter Hospital. Students are invited to come out of uniform (please choose covered in shoes / shirts with sleeves etc.) and make a gold coin donation to support the great work JHH does for children in our area.

Stage 3 Gala Day

Next Tuesday our students in years 5 and 6 will be attending Maitland Park for a gala day. Students from all feeder schools to Maitland HS will converge on the park where they will be involved in a series of sports rotations conducted by staff and students from MHS. The day represents a component of the transition to high school program and allows students to meet and mix with peers from other schools.

Opera House Recorder Group

Next Wednesday our senior recorder group will be attending Sydney’s iconic Opera House to perform. Mrs Tylor, our music teacher, has been working feverishly to ensure our group will perform at their optimum on the night and I’m sure it will be a memorable experience for all involved.

Year 6 Leadership

On Monday our year 6 leadership group will be attending Metford PS to present a PowerPoint summary of their recent project that they have been conducting in our school. The group, along with Ms Stevens, has been reorganising our sports equipment; equipment has been placed into kits, storage equipment has been purchased and a series of shelves has been erected along the back wall of the MPC. The result is fabulous, with a ‘one stop shop’ of equipment that is stored neatly and securely. Thank you to our students and Ms Stevens for the great initiative.

Peter Edmonds
Canteen News

**Week 8 - Term 2, 2014**

**Monday 16.6.14**  Petah McGaw, Kelly Mate  
**Tuesday 17.6.14**  Kylie Brand, Jason Newby  
**Wed 18.6.14**  Belinda Duffey, Denise Dykyi  
**Thurs 19.6.14**  **ATHLETICS CARNIVAL**  
**Friday 20.6.14**  Sallyann Rumbel, Tracy Forbes

**Week 9 - Term 2, 2014**

**Monday 23.6.14**  Peter White, Jane Burn  
**Tuesday 24.6.14**  Nicki Shepherd, Rob Hanson  
**Wed 25.6.14**  Petah McGaw, Natalie Hutton  
**Thurs 26.6.14**  Mel Anderson, Emma Ramm  
**Friday 27.6.14**  **CANTEEN CLOSED**

**COMMONWEALTH BANK**

**STUDENT BANKING**

Congratulations to all those student who have banked 10 times and received their first reward.  
Please note that rewards have to be ordered from the bank and may take a couple of weeks to arrive.

**COUNTRY FAIR MEETING**

All interested parents are invited to attend the next meeting about our Country Fair.  
The meeting is being held at  
THE COMMERCIAL HOTEL - MORPETH  
TONIGHT at 7pm

**UNIFORM SHOP**

The Uniform shop has moved and is now located in the storeroom in the Library.  
The P&C Uniform Co-ordinator will be available for fitting and uniform purchases at the following times:  
**Monday - 8.45 to 9.30am**  
**Friday - 8.45 to 9.30am**  
**also Assembly Friday from 2pm**  
Other times by appointment  
Please contact Jodi Lovell on 0438 131 447  
or email the uniform shop  
morpethpsuniforms@gmail.com

**ATHLETICS CARNIVAL**

ATHLETICS CARNIVAL - Smythe Field, Maitland  
THURSDAY 19TH JUNE 2014  
Pre order lunches - form on last page
Green Day: On Friday 1st August, Morpeth Public School will celebrate “Green Day” during Education Week. On that day, students will participate in sustainability workshops run by visiting presenters and have the opportunity to enter our “Waste as Art” competition. A picnic lunch with family and community members is also planned. Further details will follow soon.

Extra Recycling Items: For the remainder of this term, the Economy is collecting:

- Empty cordial bottles (with lids) - rinsed please
- Empty steel cans (no sharp edges) – rinsed please

_Students will be paid $2(P) for each item brought in._

These will be used to create sculptures and themed artworks for the Sprung Festival held at Charles Sturt University in Bathurst.

A note from the counsellor:

Newcastle University Psychology Clinic is running program designed to help children develop effective ways to respond to bullying behaviour. The program is designed for 9-12 year olds and their parents. It will cover assertiveness skills, unwritten rules of friendship, practical strategies, communication, power dynamics and regulating emotions.

The program commences on the 30th May (an assessment is required prior to commencement). It will run 3:30 – 5pm on Fridays at University Psychology Clinic. The cost of the clinic is $85.

To refer your or for further information child please call 49215075.
The simplest way
...to use leftovers in the lunchbox

Leftovers are an easy way to pack your kids a nutritious lunch, whilst clearing out the fridge.

Your kids will love these tasty leftovers and their lunch box will be sure to come home empty.

Try some of these ideas:

- Cottage pie or spag bol sandwiches - both taste great on wholemeal bread
- Healthy fried rice or stir-frys are a fun alternative to a sandwich
- Turn leftover vegies into a frittata
- Add leftover baked veg to a sandwich or use steamed sweet potato or pumpkin as a sandwich spread with cheese (then add your favourite salad).

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

KINDER 2015
Please contact the school office now to register your child for Kinder next year

ENTERTAINMENT BOOKS ARE HERE NOW
Email the P&C or purchase directly from the Canteen

BOOKCLUB DUE 18th JUNE
Random Acts of Kindness and Mental Health:

We know doing a good deed can leave us feeling warm and fuzzy.
Volunteering and getting involved in a local initiative or performing a random act of kindness is the perfect way for your children to develop ‘Social conscience’.

Studies show that children who are generous with their space, time and possessions are happier, more resilient and have higher levels of social competency.

Volunteering or performing good deeds are even being used in the treatment of depression as a way to boost self-esteem and self-worth.

Acts of generosity toward family, the environment or wider community:

- **Promotes physiological changes in the brain.** These rushes of positive endorphins are often followed by longer periods of calm.
- **Brings a sense of belonging and reduces feelings of isolation**
- **Helps kids to learn how to keep things in perspective.**

Can improve confidence, control, happiness and optimism

Get the entire family involved in bettering the lives of others or helping the environment. Such activities indicate to children that they can do something to alleviate the difficulties of others/ the world in a small way. This will promote a sense of connectedness to a community that is larger than just their family.

**Easy ways to promote and develop social conscience:**

- Have ‘Supermarket Packaging Challenges’- This is a fun and simple way to develop social conscience as a whole family- it involves challenging the kids to choose/ use products with the least amount of packaging. It also gives them an activity during grocery shopping time to keep them occupied.
- Give away some toys to a charity- ideally, these items should not be seen as ‘unwanted’. If children still value what they choose to give away, it will be a more meaningful gesture.
- Perform a random act of kindness- Anything from picking up a piece of rubbish to giving someone a compliment.

Challenge the family to a Kindness Week!

Rebecca O’Brien
COUNSELLOR

In the event that your child is absent from school, feel free to use the form below. This can be copied as many times as necessary.

**STUDENT ABSENTEE NOTE** - Please return to class teacher

CHILD’S NAME : ............................................................................................................ CLASS: .............................................................

Absence Dates: ......................................................................................................................

Reason for Absence: ............................................................................................................

Parent Name : ....................................................................................................................

Parent Signature : ............................................ Date : ................................................
Athletics Carnival Canteen Pre-Order Form

A canteen will be operating at the athletics carnival 19 June. Soft drinks, water, lollies, chips and cake will be available to purchase on the day. Volunteers are still required to assist on the day. If you able to help please see the canteen or return the slip on the previous permission note.

Please pre-order your lunch and return to the school canteen with payment before Monday June 16.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>QTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sausage Sandwich</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Bacon &amp; Egg Roll</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Large Pie</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Party Pie</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$1.50</td>
<td></td>
</tr>
<tr>
<td>Toasted Banana Bread (slice)</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Flavoured Milk (circle flavor)</td>
<td>$2.00</td>
<td></td>
</tr>
</tbody>
</table>

ORDER TOTAL: _______________________

Amount Enclosed: ___________________
ATTENTION: ALL GOLFERS

The time has come again for the “MPS Social Golf Day - 2014” - booked for Sunday 31 August 2014 at Maitland Golf Club.

For those involved in previous events we will be using the same format - which is a 9 hole / 4 man ambrose. Tee off time will be 11am, with players to arrive at 10am for a meet and greet.

The cost of the event will be remain at $55.00 per head (reduced cost for club members and juniors), which will include a bacon & egg sandwich to start and sausage sizzle at the end, green fees, cart hire and comps.

Please again register your interest via text message with Barry McGaw – 0405 196801 (as per last year fees will be collected on the day of the event).

Also, we have had a terrific response from parents and others involved in the event in obtaining prizes and if you are able to assist by donating or inquiring at your place of employment about donating prizes, it would be much appreciated (please let Barry know).

This is the fourth running of the event, which was almost full to capacity last year and given the level of interest already shown, it may become necessary to limit the numbers (to be advised).

Thanks to all for your terrific support of this MPS fund-raising event.
A full flyer will be published nearer to the event.

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YR 6 MINI FETE
FRIDAY 27TH JUNE 2014

BBQ LUNCH
Pre-order for students

Choco bar fishing

Sticks in the sand

Ice cream stall

100 Club

Massage stand

Bric a Brac stall

Jaffa Chopstiks

Guessing Comps

Hairspray

Toilet roll target

Families are welcome to come and join us from 11.30am

For more information contact Miss Stevens or the school Office