PRINCIPAL’S NEWS AND VIEWS

Art Gallery Visit
Last Monday students in 3 / 4F, 4 / 5A and 5 / 6S visited the Maitland Regional Art Gallery (MRAG). The purpose of the excursion was to view some of the extraordinary works of art currently on display at the gallery. Art Express, a state wide exhibition of art works from students in our schools, was a particular highlight. The gallery also featured works from renowned artists and sculptors from around the country. Students were given a ‘guided tour’ by employees of the gallery. The background information about the artists and an explanation of their work was very valuable. At the conclusion of the tour, our students were taken to art rooms where they were able to produce their own ‘masterpiece’ while experimenting with water colours. A big thank you must go to Mrs Krempin for coordinating the visit and to our band of parents who assisted with transport.

Wetlands Excursion
Our senior classes also attended the ‘Planet Savers’ Wetlands excursion on Friday. The excursion complements our environment programs that we enjoy at our school. Planet Savers provides useful and timely information to students about ways that they can support our environment.

The excursion involved students making observations and conducting experiments to assess the quality of the environment at the Shortland site. The visit provided a logical extension to the great work that Mrs Fincher’s 3 / 4 F students perform with their Waterwatch program.

Athletics Carnival
Next Thursday (19 June—week 8) we will be holding our annual athletics carnival at Smyth Field in Maitland. We’d love to see a large contingent of parents come along and support our students as they undertake a number of track and field events, and have lots of fun along the way.

Public Speaking
On Tuesday of next week (17 June) we will once again be presenting our K-6 Public Speaking competition. The quality of our speakers in the past has been exceptional, and I’m sure this year’s contestants will be of a similar high standard. The K-2 heats will be held in the MPC at 9:10am with the 3-6 speakers performing from 10:30am. Please come along and enjoy the performances.

Peter Edmonds
**Canteen News**

**Week 7 - Term 2, 2014**

- Monday 9.6.14: PUBLIC HOLIDAY
- Tuesday 10.6.14: Kerrie Wilesmith, **HELP NEEDED**
- Wed 11.6.14: Sally Godwin, Ein Wilkes
- Thurs 12.6.14: Fiona Emmett, Sharee Oldham
- Friday 13.6.14: Nicole Hanson, Rachael Perry

**Week 8 - Term 2, 2014**

- Monday 16.6.14: Petah McGaw, Kelly Mate
- Tuesday 17.6.14: Kylie Brand, Jason Newby
- Wed 18.6.14: Belinda Duffey, Denise Dykyi
- Thurs 19.6.14: Jo Kennedy, Kelly Redman
- Friday 20.6.14: Sallyann Rumbel, Tracy Forbes

**COMMONWEALTH BANK STUDENT BANKING**

Congratulations to all those student who have banked 10 times and received their first reward.

Please note that rewards have to be ordered from the bank and may take a couple of weeks to arrive.

**COUNTRY FAIR MEETING**

All interested parents are invited to attend the next meeting about our Country Fair.

The meeting is being held at THE COMMERCIAL HOTEL - MORPETH

Monday 16th June at 7pm

**UNIFORM SHOP**

The Uniform shop has moved and is now located in the storeroom in the Library.

The P&C Uniform Co-ordinator will be available for fitting and uniform purchases at the following times:

- Monday - 8.45 to 9.30am
- Friday - 8.45 to 9.30am
- *also Assembly Friday from 2pm*

Other times by appointment

Please contact Jodi Lovell on 0438 131 447

or email the uniform shop

morpethpsuniforms@gmail.com

**ATLETICS CARNIVAL** - Smythe Field, Maitland

**THURSDAY 19TH JUNE 2014**

Pre order lunches - form on last page
ECONOMY NEWS

Jane Fincher - Economy Co-ordinator

Auctions: Thank you to all those students who are participating in the Economy program. Our very successful auctions demonstrate the enthusiasm and excitement generated by our students from earning and then spending their accumulated earnings. I have purchased a range of exciting science kits, craft items and games for future auction prizes. If any student would like to be involved, please do not hesitate to contact me for assistance.

Extra Recycling Items: For the remainder of this term, the Economy is collecting:
- Empty cordial bottles (with lids) - rinsed please
- Empty steel cans (no sharp edges) – rinsed please

*Students will be paid $2(P) for each item brought in.*

These will be used to create sculptures and themed artworks for the Sprung Festival held at Charles Sturt University in Bathurst.

A note from the counsellor:

Newcastle University Psychology Clinic is running program designed to help children develop effective ways to respond to bullying behaviour. The program is designed for 9-12 year olds and their parents.

It will cover assertiveness skills, unwritten rules of friendship, practical strategies, communication, power dynamics and regulating emotions.

The program commences on the 30th May (an assessment is required prior to commencement). It will run 3:30 – 5pm on Fridays at University Psychology Clinic. The cost of the clinic is $85.

To refer your or for further information child please call 49215075.
KINDER
2015
Please contact the school office now to register your child for Kinder next year.

Entertainment Books are here now
Email the P&C or purchase directly from the Canteen.

Bookclub due
18th June
Random Acts of Kindness and Mental Health:

We know doing a good deed can leave us feeling warm and fuzzy.
Volunteering and getting involved in a local initiative or performing a random act of kindness is the perfect way for your children to develop ‘Social conscience’.

Studies show that children who are generous with their space, time and possessions are happier, more resilient and have higher levels of social competency.

Volunteering or performing good deeds are even being used in the treatment of depression as a way to boost self-esteem and self-worth.

Acts of generosity toward family, the environment or wider community:

- **Promotes physiological changes in the brain.** These rushes of positive endorphins are often followed by longer periods of calm.

- **Brings a sense of belonging and reduces feelings of isolation**

- **Helps kids to learn how to keep things in perspective.**

Can improve confidence, control, happiness and optimism

Get the entire family involved in bettering the lives of others or helping the environment. Such activities indicate to children that they can do something to alleviate the difficulties of others/ the world in a small way. This will promote a sense of connectedness to a community that is larger than just their family.

**Easy ways to promote and develop social conscience:**

- Have ‘Supermarket Packaging Challenges’- This is a fun and simple way to develop social conscience as a whole family- it involves challenging the kids to choose/use products with the least amount of packaging. It also gives them an activity during grocery shopping time to keep them occupied.
- Give away some toys to a charity- ideally, these items should not be seen as ‘unwanted’. If children still value what they choose to give away, it will be a more meaningful gesture.
- Perform a random act of kindness- Anything from picking up a piece of rubbish to giving someone a compliment.

Challenge the family to a Kindness Week!

Rebecca O’Brien
COUNSELLOR

In the event that your child is absent from school, feel free to use the form below. This can be copied as many times as necessary.

**STUDENT ABSENTEE NOTE** - Please return to class teacher

CHILD’S NAME : ........................................................................................................... CLASS: ..........................................................................................

Absence Dates: ........................................................................................................................

Reason for Absence: ..........................................................................................................................................

Parent Name : ..........................................................................................................................................

Parent Signature : ................................................................. Date : .................................................................
Athletics Carnival Canteen Pre-Order Form

A canteen will be operating at the athletics carnival 19 June. Soft drinks, water, lollies, chips and cake will be available to purchase on the day. Volunteers are still required to assist on the day. If you able to help please see the canteen or return the slip on the previous permission note.

Please pre-order your lunch and return to the school canteen with payment before Monday June 16.

NAME_______________________________ CLASS_____________

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>QTY</th>
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<tbody>
<tr>
<td>Sausage Sandwich</td>
<td>$3.00</td>
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<tr>
<td>Bacon &amp; Egg Roll</td>
<td>$4.00</td>
<td></td>
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<tr>
<td>Large Pie</td>
<td>$2.50</td>
<td></td>
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<tr>
<td>Party Pie</td>
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</tr>
<tr>
<td>Sausage Roll</td>
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<td></td>
</tr>
<tr>
<td>Toasted Banana Bread (slice)</td>
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<td></td>
</tr>
<tr>
<td>Flavoured Milk (circle flavor)</td>
<td>$2.00</td>
<td></td>
</tr>
</tbody>
</table>

Strawberry, Chocolate, Banana, Vanilla Malt

ORDER TOTAL: __________________________

Amount Enclosed: _____________________